

Tooth-Preserving Surgery





TOOTH-PRESERVING SURGERY

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CONTENTS

Preface	Vİİ	
Contrib	utors	Viii

- 1 Introduction 1
- History of Tooth-Preserving Surgery 5
 Transplantation 5

Replantation Apicoectomy

Hemisection and Root Amputation Exposure and Alignment

Exposure and Alignment 17

Indications
Contraindications
Surgical Procedure
Possible Complications and Recall
Prognosis

Apicoectomy 39

Indications
Contraindications
Surgical Procedure
Possible Complications and Recall
Prognosis



5 Intentional Replantation and Transreplantation 55

Intentional Replantation Transreplantation

Resective Furcation Therapy, Hemisection, and Root Amputation 79

Diagnosis and Classification of Furcation Involvement
Treatment of Furcation Involvement
Indications and Contraindications for Resective Furcation Therapy
Resective Methods for Furcation Therapy
Possible Complications and Recall
Prognosis

Transplantation 95

Indications
Contraindications
Surgical Procedure
Possible Complications and Recall
Prognosis

Success with Tooth-Preserving Surgery 117

Success Rates Criteria for Evaluating Success Success Factors

Index 126



PREFACE

Tooth-preserving surgery is probably only performed occasionally in dental practices, but it is done several times per day in oral surgery or oral and maxillofacial surgery practices and clinics. The authors have many years of experience in tooth-preserving surgery. It is an integral part of dentistry that—despite all the advances made in oral implantology—seeks to preserve teeth whenever possible. For this reason, the possibilities of tooth-preserving surgery should be considered before any dental extraction. As patients age, this often satisfies their wish to hold on to their own teeth for as long as is possible and practical.

A lot of the techniques of tooth-preserving surgery are classic methods (eg, apicoectomy, exposure and alignment of teeth, hemisection, root amputation). While many have enjoyed a renaissance in recent years (eg, tooth transplantation), many, unfortunately, are still little known (eg, intentional replantation) or even totally unknown (eg, transreplantation). What these procedures all have in common is the fact that considerable knowledge about them has been gained in the past 10 to 15 years. This is evident from ever-improving techniques, higher success rates, and better predictability, which all provide great benefits for the patient.

The aim of this book is to present modern tooth-preserving surgery to expand the range of treatments offered in daily practice or to bring them up to date. This volume is not intended as a textbook but rather as an illustrated atlas and reference work. A further aim is to communicate the latest knowledge clearly to students of dentistry for the benefit of their eventual patients.

The products and medications used and recommended by the authors are listed at the end of each chapter. The references in the clinical chapters (ie, chapters 3 to 7) have been kept to a minimum to avoid redundancies with chapter 8, which presents an up-to-date analysis of the success rates and influencing factors based on the existing literature.

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ver 20 years ago, as a young assistant dental surgeon, I had the opportunity of contributing to the second edition of *Atlas der Chirurgischen Zahnerhaltung* or *Atlas of Surgical Tooth Preservation* (Hanser Fachbuch, 1996) under Professor Horst Kirschner. This experience and related activities made an enormous impression on me, with the

A great deal has changed in the field of tooth-preserving surgery in the 20 years since we created the original atlas, such

result that this subject area has always been a focal point in my clinical work.

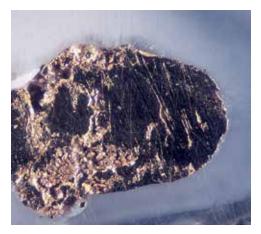


Fig 1-1 Retrograde cohesive gold filling in an extracted tooth.

as materials used, terminology, and indications. For example, in the 1990s, amalgam and even gold were commonly used for fillings (Fig 1-1); these have since been replaced with hydraulic silicate cements. Different types of tooth plantation were referred to as auto-, auto-allo-, and alloplastic. Orthograde and retrograde post insertion methods (Figs 1-2 and 1-3) are rarely used today; not only do they require a steep learning curve, but advances in endodontics have rendered them less necessary. Other changes include the type of incisions (eg, abscess incision on the alveolar process or apicoectomy), intraoperative medication such as enamel matrix proteins, splinting techniques (Fig 1-4), and much more.

Despite the great advances made in oral implantology in the past 20 years, tooth-preserving surgery has never lost its importance. The reasons for this are many and varied. One example would be for young patients whose jaws are still growing; proper periodontal healing may not be possible with implants (Figs 1-5 and 1-6). This can impede eventual orthodontic treatment in adults and may be responsible for peri-implantitis. In addition, many patients prefer to keep their own teeth for as long as

INTRODUCTION







Fig 1-2 Retrograde post insertion. (a) Situation after wide-lumen rotary preparation. (b) Sealer fixation of a smooth cylindric titanium post. (c) Resulting radiograph.







Fig 1-3 Before the introduction of titanium posts, ceramic posts were used.



d

nohysiologic rigid bonded ring splint. (c) Modern

Fig 1-4 (a) Old wire and bracket splint. (b) Nonphysiologic rigid bonded ring splint. (c) Modern Titanium Trauma Splint (TTS; Medartis). (d) Since 2017, the TTS has also been available in a far less conspicuous silver color.

possible. The risk of implant treatment for patients taking certain medications may be too great. There are also financial considerations—implants may be too expensive for many patients.

Tooth-preserving surgery has also developed considerably over the years, and its current success rates need not be overshadowed by those of oral implantology. Tooth-preserving surgery is not only more convenient; it is a far more natural, biologic therapy that more closely fulfills the wishes of many patients who prefer to keep their





Fig 1-5 Clinically progressing infraposition 7 years after implant placement at the right central incisor, which was done far too early at the age of 25 years.



Fig 1-6 Clinically progressing infraposition 14 years after implant placement at the left central incisor. This patient also had the implant placed at age 25, which was too early.







Fig 1-7 Advanced invasive cervical resorption. (a) Maxillary left first molar. (b) Mandibular right first molar. (c) Mandibular left canine.



Fig 1-8 Root caries and marginal periodontitis with furcation involvement at a maxillary left first molar.



Fig 1-9 Longitudinal fracture at a maxillary left first premolar.



Fig 1-10 Advanced traumatic root resorption at a maxillary left central incisor.

own teeth rather than have a foreign body surgically inserted. Natural teeth have far better long-term prognoses than implants, provided the tooth has a vital pulp (which primarily applies to transplantation of teeth, orthodontic space closure, and exposure and orthodontic alignment).

However, this does not mean tooth-preserving surgery is advisable in every case—it is not even possible in every case. Tooth preservation is usually not appropriate by the time any of the following have occurred (Figs 1-7 to 1-10):

1 INTRODUCTION

- Extensive root caries
- Advanced root resorption (eg, invasive cervical resorption, replacement resorption, resorption due to infection)
- · "Final" marginal periodontitis
- Deep crown and root or longitudinal fractures

The indications for tooth extraction are much stronger (and options for tooth preservation limited) in the presence of general medical problems, such as planned heart valve replacement, necessary antiresorptive therapies (eg, bisphosphonates, denosumab), immunosuppression, radiotherapy in the head and neck area, and serious psychiatric or degenerative central nervous system diseases such as dementia. Depending on the individual case, teeth that may need to be removed include teeth with periodontal furcations that are not already loose, teeth with apical periodontitis, teeth with untreated pulpal necrosis, or partially impacted teeth. In these situations, other options such as apicoectomy, intentional replantation, transplantation, transreplantation, or exposure and alignment may not even be considered.

For many patients, however, both options may be considered or at least discussed: (1) tooth-preserving surgery or (2) dental extraction followed by the placement of a tooth-, implant- or mucosa-supported prosthesis. Additional factors that will play a role include local anatomical factors, the visibility of the teeth when smiling, the situation of the adjacent teeth, and the residual dentition as well as patient compliance or treatability.

Unfortunately, this discussion for or against tooth preservation is also influenced by the attending dentist. Many of the options in tooth-preserving surgery, such as transreplantation, are unfamiliar to many dentists. They may not be performed in the dental practice or even in other local oral surgery practices. In that situation, well-informed and motivated patients must often travel long distances to specialist centers, which is a shame. This book is intended to inform dental surgeons about the current possibilities of tooth-preserving surgery and encourage them to offer these treatment options to their patients.



INDEX

Page references followed by "f" denote figures, "t" denote tables, and "b" denote boxes.

A	Ceramic posts, 2f
Acid-etch technique	Cervical resorption, 3f, 99f
bracket attachment using, 14–15	Chronic periodontitis, 87f
development of, 15	Cone beam computed tomography
preparation for, 29, 29f-30f	furcation-involved teeth on, 82
Advanced periodontitis, 68, 69f, 96	impacted teeth on, 17, 18f, 24f, 26f, 36f
Aggressive periodontitis, 86f	maxillary canine impaction on, 24f, 26f
Allogeneic transplantation, 8	maxillary molar impaction on, 36f
Aluminum chloride paste, 51, 51f	Crestal incision, 26f
Amalgam fillings, 1	Crown-root fractures, 56-57, 57f, 59, 59f, 63-67, 64f-65f
Anesthesia, local. See Local anesthesia.	Crown-to-root ratio, 40, 40f, 57, 99f
Ankylosis	
after transplantation, 114	
of impacted teeth, 19, 35	D
intentional replantation for, 55, 57	Dental follicle, 28–29, 29f, 35
· · · · · · · · · · · · · · · · · · ·	
trauma-induced, 57–58, 57f–58f	E
Apical advancement flap, 21, 22f	-
Apical paried aptitic FE F6f F9f 60, 63, 61f 63f 67	Emdogain, 74f, 75, 97
Apical periodontitis, 55, 56f, 58f, 60–63, 61f–62f, 67	Exposure and alignment
Apicoectomy	history of, 14–15
apical periodontitis after, 56f, 58f	of impacted teeth. See Impacted teeth, exposure
bleeding after, 51, 51f	and alignment of.
complications of, 51–52, 51f–52f	Extraction, tooth
contraindications for, 40, 40f, 56	after resective furcation therapy, 90, 92
crown-to-root ratio and, 40, 40f	from animals, 5
extraoral, 49, 49f–51f, 60, 61f–62f, 75	historical description of, 5
factors that affect, 39	indications for, 4
fistula as contraindication for, 40, 40f, 42	molars, 103f
healing classifications after, 120	Extraoral apicoectomy, 49, 49f-51f, 60, 61f-62f, 75
history of, 9–13	Extraoral trephination, 71f
indications for, 39, 39f	
instruments for, 41f	г
intentional replantation versus, 55–56, 67	F
intraoral	Fistula, 40, 40f, 42
closure of, 47, 47f, 49f	Fistulous tract, 43, 43f
hydraulic silicate cements used in, 45, 46f, 48f, 50f	Furcation involvement
incisions for, 42, 42f	anatomy of, 79, 80f
local anesthesia for, 41, 42f	Class II, 82, 89f
marginal incision for, 42, 42f, 52	Class III, 82, 86f–87f
micro aspirators used in, 45, 46f	classification of, 80–82
retrograde cavity preparation for, 44, 44f	cone beam computed tomography of, 82
retrograde filling in, 45–46, 46f, 48f–50f, 121	diagnosis of, 80–82
smear layer, 44f, 44–45	overview of, 79
tunneling defect in, 47, 47f	in periodontal disease, 79
postoperative care for, 51	prevalence of, 81
prognosis of, 47, 52	prognosis for, 91–92
recall after, 52–53	resective furcation therapies for
root canal filling in, 40, 40f	complications of, 90–91
scarring after, 52, 52f	contraindications for, 83
success/success rates for, 117–121	extraction after, 90, 92
wound dehiscence after, 52, 52f	hemisection, 13-14, 14f, 85, 86f-88f, 118, 120
Autogenous transplantation, 8	indications for, 83
Avulsed teeth, transreplantation for, 68	premolarization, 88–89
Twaised teetil, transreplantation for, oo	prognosis after, 91–92
	purpose of, 91
C	recall after, 90–91
Canine(s)	root amputation, 84–85, 84f–85f
maxillary. See Maxillary canines.	survival rates after, 91
primary, transplantation of, 110, 110t, 111f–113f, 119	trisection, 85, 87f
CBCT. See Cone beam computed tomography.	tunneling, 89f, 89–90
Cementoenamel junction, 28, 29f	treatment of, 82
J / -/	5. CG5111C11C 01, 02



G	prognosis for, 67
GBR. See Guided bone regeneration.	recall after, 66–67 success/success rates for, 118–120, 122
Gold chain attachment, for impacted teeth, 18, 18f,	surgical procedure for, 59–66, 60f–66f
32, 32f–33f Gold fillings, 1, 1f	tooth transplantation versus, 8
Guided bone regeneration, 47, 47f	Intraalveolar transverse fractures, 59
"Guided endodontics," 58, 59f	Intraoral apicoectomy. See Apicoectomy, intraoral.
, ,	
н	L
Hemisection	Local anesthesia
description of, 85, 86f–88f	for apicoectomy, 41, 42f
history of, 13–14	for exposure and alignment of impacted teeth,
illustration of, 14f	25–26, 27f
success/success rates for, 118, 120, 122	Longitudinal fracture, 3f, 59, 59f
HSCs. See Hydraulic silicate cements.	
Hydraulic silicate cements, 45, 46f, 48f, 50f, 61f, 74f Hydrogen peroxide-soaked pellets, 51, 51f	M
Trydrogen peroxide source periess, 51, 511	Mandibular molars
	crown-root fracture of, 64f
Imported tooth	impaction of, 19f premolarization of, 88–89
Impacted teeth ankylosis of, 19, 35	root anatomy of, 80f
cone beam computed tomography of, 17, 18f,	tunneling of, 89
26f, 36f	Mandibular premolar impaction, 34f
diagnosis of, 17, 18f	Marginal incision
exposure and alignment of	for apicoectomy, 42, 42f, 52
apical advancement flap in, 21, 22f	for exposure and alignment of impacted teeth, 25, 25f, 28f
cementoenamel junction considerations, 28, 29f	wound dehiscence after, 52
closed exposure technique, 22–25, 23f–26f complications of, 35	Maxillary canines
contraindications for, 19, 19f	impaction of
gold chain attachment, 32, 32f–33f, 35	closed exposure technique for, 23f
indications for, 19	cone beam computed tomography of, 24f
instrumentation used in, 20, 20f	description of, 17 illustration of, 18f
light curing of adhesive, 30–31, 31f	panoramic radiograph of, 27f
local anesthesia for, 25–26, 27f open exposure technique, 21–22, 21f–22f	vestibular, 22f
prognosis after, 35–37, 36f	transplantation of, 113f
recall after, 35	Maxillary incisors, 111f
step-by-step procedure for, 25-34, 26f-34f	Maxillary molars
surgical procedure, 20–34, 21f–34f	furcation involvement of, 80f, 81, 82f-83f impaction of, 19f
gold chain attachment for, 18, 18f, 32, 32f–33f	Mental nerve, 25, 26f
panoramic radiograph of, 17, 18f, 27f primary failure of eruption of, 19, 19f	Micro aspirators, 45, 46f
root resorption of, 19, 19f, 35	Molars
surgical exposure of, 18, 18f	extraction of, 103f
wire ligature for, 18, 18f	mandibular. See Mandibular molars.
Implants	maxillary. See Maxillary molars. transplantation of, 97–98, 99f–104f, 110t, 119
after extraction, 92 infraposition of teeth affected by, 1, 3f	Mucoperiosteal flap, 22, 25–26, 42
periodontal healing affected by, 1	
Incisions	0
abscess, 1	Oral implantology, 1–2
crestal, 26f	oral implanted of gr, 1 2
intentional replantation, 59–60, 60f	P
marginal. See Marginal incision. paramarginal, 24, 24f, 52, 52f	Paramarginal incisions, 24, 24f, 52, 52f
Partsch, 12	Partsch incision, 12
vertical relieving, 42, 42f	Periodontal disease, furcation defects in, 79
Infiltration anesthesia, 41, 42f	Periodontitis
Intentional replantation	advanced, 68, 69f, 96
apical periodontitis treated with, 55, 56f, 58f,	apical, 55, 56f, 58f, 60–63, 61f–62f, 67
60–63, 61f–62f, 67 apicoectomy versus, 55–56, 67	Periotest, 57 Pfoff Philipp 5 6
complications of, 66–67	Pfaff, Philipp, 5–6 PFE. <i>See</i> Primary failure of eruption.
contraindications for, 59, 59f	Piezoelectric surgery, 28, 28f
crown-root fracture treated with, 56-57, 57f,	Portland cement, 45, 46f, 48f, 50f
63–67, 64f–65f	Post insertion, 1, 2f
description of, 55	Premolar(s)
history of, 8–9 incision for, 59–60, 60f	agenesis of, 102f, 104f, 107f–108f
indications for, 55–58, 56f–58f	impaction of, 34f

INDEX

transplantation of, 98, 104, 106f-109f, 110t, 119	T 2.
Premolarization, 88–89	Titanium Trauma Splint, 62, 62f, 66f, 72f, 76, 98
Primary canine transplantation, 110, 110t,	Tooth extraction. See Extraction, tooth.
111f-113f, 119 Primary failure of eruption, 19, 19f	Tooth impaction. See Impacted teeth.
Pulp necrosis, 114–115	Tooth-preserving surgery. <i>See</i> also specific method.
Pulpotomy, 101f	benefits of, 2–3 changes in, 1
	contraindications for, 3f, 3–4, 59, 96
R	factors that affect, 4
Replantation. See Intentional replantation;	history of, 5–15
Transreplantation.	importance of, 1
Resective furcation therapy	success with, 117–122
complications of, 90-91	Transdental fixation, 14, 14f Transplantation
contraindications for, 83	allogeneic, 8
extraction after, 90, 92	in animals, 6f
hemisection, 13–14, 14f, 85, 86f–88f, 118, 120 indications for, 83	ankylosis after, 114
premolarization, 88–89	autogenous, 8
prognosis after, 91–92	complications of, 114
purpose of, 91	contraindications for, 96
recall after, 90–91	criticisms of, 6 failure of, 95
root amputation, 84–85, 84f–85f	history of, 5–7, 6f
survival rates after, 91	indications for, 95, 96b
trisection, 85, 87f tunneling, 89f, 89–90	molars, 97–98, 99f–104f, 110t, 119
Retrograde filling	orthodontic movements after, 114
description of, 12	premolars, 98, 104, 106f–109f, 110t
in intraoral apicoectomy, 45–46, 46f, 48f–50f, 121	prerequisites for, 96 primary canine, 110, 110t, 111f–113f, 119
Root amputation	prognosis after, 114–115
furcation-involved teeth treated with, 84–85,	pulp necrosis after, 114–115
84f–85f history of, 13–14	recall after, 114
in maxillary first molar, 84f	recipient regions for, 110t
success/success rates for, 118, 122	risks associated with, 115
Root canal filling	success/success rates for, 119, 121–122
in apicoectomy, 40, 40f	surgical procedure for, 96–113, 99f–113f tooth replantation versus, 8
intentional replantation for, 55–56	Transreplantation
Root canal obliteration, 58f Root caries, 3f	advanced periodontitis treated with, 68
Root fractures, 59, 59f. See also Crown-root	avulsed teeth treated with, 68
fractures.	in children, 68, 77
Root resorption	complications of, 76
Hunter's description of, 6	contraindications for, 68 description of, 55, 67–68
of impacted teeth, 19, 19f, 35	indications for, 68
instruments for, 85f maxillary canine impaction as cause of, 17	prognosis for, 77
traumatic, 3f	recall after, 76
Root tip resection, 9, 11–12	splinting in, 75–76
Root-end resection. See Apicoectomy.	surgical procedure for, 68–76, 69f–75f
	Trauma-induced ankylosis, 57–58, 57f–58f Trisection, 85, 87f
S	TTS. See Titanium Trauma Splint.
Smear layer, 44f, 44–45	Tunneling, 89f, 89-90
Snaring, 14–15, 15f	Tunneling defect, 47, 47f
Splinting	
changes in, 1, 2f	V
Titanium Trauma Splint, 62, 62f, 66f, 72f, 76, 98	Vertical relieving incisions, 42, 42f
in transreplantation, 75–76 Success/success rates. See also for specific	- -
procedure.	W
definition of, 117	Wire ligature, for impacted teeth, 18, 18f
	Wound dehiscence, after apicoectomy, 52, 52f