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## Book information

**Authors:** Sandra Tai  
**Title:** Clear Aligner Technique  
**Short text:**

Clear aligners are the future of orthodontics, but digital orthodontics evolves so rapidly that it is hard to keep pace. This book approaches clear aligner treatment from a diagnosis and treatment-planning perspective, discussing time-tested orthodontic principles like biomechanics and anchorage and demonstrating how to apply them to orthodontic cases using these appliances. Each chapter explains how to use clear aligners to treat a given malocclusion and teaches clinicians how to program a suitable treatment plan using available software, how to design the digital tooth movements to match the treatment goals, and finally how to execute the treatment clinically and finish the case well. This clinical handbook will prepare orthodontists and dental students to exceed patient expectations with the most esthetic orthodontic appliance currently available.

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**Categories:** Orthodontics